



Dawley Medical Matters Newsletter – Autumn 2024

Practice News



A huge ‘thank you’ to everyone who came to the practice’s flu clinic on Sunday 6th October! The total number of flu jabs given was 1,111, one of the highest counts ever! Another big ‘thank you’ to the members of the Patient Forum who ran the cake stall. Nearly £500 was raised which will be used to make improvements to the waiting room. Welcome to Tilli Cliff who has joined the clinical team as a practice nurse. Tilli will be working Tuesday, Thursday and Friday.

And finally, representatives from the Marie Curie recently visited the practice to highlight their work. Generous patients donated more than £156, the equivalent of two hours of the cancer charity’s nursing time.

Appointments up!

There are more appointments on offer to patients at DMP!

Figures for the last three months show the average number of slots each month is now 7,234. That’s around thirty appointments for every thousand patients (the usual average for a practice is twenty-four per thousand patients).

45% of appointments are face-to-face, with home visits, e-consults and telephone slots making up the rest.

The practice’s busiest day is Monday with 450 appointments available (usually around 350 are used). 55% of patients are seen on the day they make a request. 98% are seen within two weeks of making a request.

Missed your flu jab?



It’s not too late!

Vaccinations are still available at the practice. Just ring reception to make an appointment.

A reminder that the practice is not giving the Covid 19 jab this year. Appointments can be made by ringing 119 free of charge or by going online – type ‘book Covid vaccination’ into the search engine.



Follow DMP on social media! The practice has its own Facebook page! You can use it to find out about any closures or general health information. Currently there is no facility to leave any comments. Follow “Dawley Medical Practice Webb House”

Joint pain?

Struggling with joint or muscle pain and been referred for further care?

There’s a new free app which can help while you are waiting.

A smartphone or tablet can be used to download the [myrecoveryapp](#)

The app is available to anyone who is registered with a GP in Telford and Wrekin or Shropshire.

The app includes videos and articles to help manage things like hip, knee, shoulder, elbow foot & ankle, lower back or neck pain.

Ready for Movember?



Men are being encouraged to grow a moustache in November to raise awareness as well as cash for prostate cancer!

Take a look in the health hub in reception for more info. It's all part of a campaign aimed at highlighting different aspects of men's health. A dedicated information board is going up which will feature details of support groups for men as well as general health information.

It's not just men's health! Each month, there will be a display with information about different cancers and the symptoms to look out for. The board will also include details of the help and support that is available.

This month is concentrating on breast cancer, the most diagnosed disease for women (one in eight will be affected). 'Know Your Breasts' booklets are available as well how to check yourself for any anything unusual.

Meanwhile, if you are struggling with alcohol or drug issues, why not look at the display 'Go sober for October'.

Help for addiction problems is available from Telford Stars. They can be contacted on 0300 456 429 or by emailing

telfordstars.admin@mpft.nhs.uk

or logging onto

www.telfordstars.org

Thank you!

*'The website is excellent'
'I can always get an appointment and help when needed'*

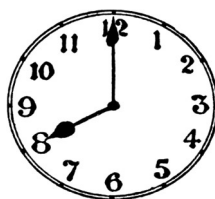
*'We haven't had such good care since before covid'
'Everyone I speak to is friendly'*

'Over the last 2 – 3 years, the practice has improved in every department'

Just some of the lovely compliments recently received by the practice. It is always a big boost to staff morale to hear when we get it right. And in recent Friends & Family tests, 99% of patients who responded said they would recommend DMP.

If you are pleased with the service we offer, why not give the practice a review on NHS Choices or Google?

Forget the 8am rush!



The 8 o'clock scramble for the telephone is a thing of the past at DMP – thanks to the Urgent Care Hub. With the practice offering more appointments daily, there is no need to try and ring first thing. There are still free appointments at the end of most days. Feedback on the new phone system has been overwhelmingly positive with the call back option especially popular.

Don't be lonely!



With the nights drawing in and the temperature dropping, it's easy to get fed up at this time of year!

The advice is to get out and about if you can to beat feelings of loneliness! It doesn't have to be expensive – for example, The Dawley Chatty Club is a free drop-in event. The group next meets on 28th October 2024 between 9.30 – 11.30 at Dawley House in Burton Street.

There's a free cuppa on offer as well as a chat or board games. If you can't make this month, the group will meet on 25th November.

Autism Hub

Been diagnosed with or waiting for a diagnosis of autism?

Support and guidance are on offer at a drop-in session on 18th October. It's one of a series of events organised across the borough. A full list of what's on can be found by logging on to

www.telfordautismhub.org.uk

Other events include cookery sessions as well as craft activities.