



## Shropshire Armed Forces Covenant

# Welcome to our Newsletter

Welcome to our Armed Forces newsletter. This is our way of engaging with you on a regular basis with local and national information.



[Please take a look at the attached HIVE blog which relates to the "Month of the Military Child".](#)



Are you a veteran and have a sensory loss? If yes, [find out more about our new veterans sensory aid project](#)

Here is an opportunity to access our training offer vacancy page which sits within our Adult Education, Skills & Employment website.



West Midlands  
Combined Authority

All training places are available to Armed Forces veterans and we would encourage any veterans to consider opportunities with our providers of adult training, national careers service will also offer dedicated one to one support where this is required for individuals to choose the most appropriate pathway.

**To access the training page search facility please use the link [here](#).**



Listen to Lanyon Bowdler's podcast with Sarah Kerr about the support Shropshire Council offer to all military personnel, veterans and their families, through the armed forces outreach programme. Sarah is ex-military herself and acts as the Outreach Support Coordinator for Shropshire Council. [Listen to the podcast here](#)



We are always happy to share service user stories, especially ones like the one of Alex. [Find out how our Remember Veterans link worker supported Alex throughout the service and find out more about what support can look like here.](#)

We are delighted to be reinstating the Soldiers of Shropshire Trail after a gap of 2 years. All proceeds go to Soldiers of Shropshire Museum (formerly the Shropshire Regimental Museum) in Shrewsbury Castle.



This year's trail takes place on SUNDAY 22nd MAY and is once again based on The Vallets, Richard's Castle, Ludlow, SY8 4ET. Set on the beautiful borders of South Shropshire and North Herefordshire, views extend from the Brecon Beacons to the Malverns and Clee Hill.

There will be a variety of walks to suit all ages and abilities. The longer 7 mile route takes you through the beautiful private estate of Gatley Park. Shorter routes of 3 and 1 mile will also be available.

Please now let us know if you would like to take part in the walk. Email [info@soldiersofshropshire.co.uk](mailto:info@soldiersofshropshire.co.uk) or call 01743 358516 and tell us: Your name, number of people in your party and the most appropriate contact details for us to send the walk instructions to.



[RAF Museum Midlands Development Programme](#)

Our face-to-face **brain injury networking forums** are back! Come and join us for some long awaited networking and refreshments on **Thursday 12 May 2022 at [The Cavalier Centre](#)**, Bradley Farm, Farley, Much Wenlock, TF13 6PE between **09:30 – 11:30am**.



**Advance booking is required** via Eventbrite and you can register for **FREE** here; <https://bit.ly/BINFMay2022>



The next Functional Fitness MOT in **Shrewsbury** takes place at **The Lantern, Meadow Farm Drive** on **Friday 29th April**. Feedback from past events is always very positive so if you know of anyone who might benefit from attending please get them to contact my colleague Lindsey on (01743) 360641 or email [lindsey.stirton@community.resource.org.uk](mailto:lindsey.stirton@community.resource.org.uk) **Booking is essential.** [Find out more here.](#)



Shrewsbury Sports Village are encouraging the community to support Cancer Research UK with their Race for Life event to be held on the 19<sup>th</sup> June at the Quarry Park, Shrewsbury.

The Sports Village are offering a **free 10 week training programme** to help motivate and improve fitness levels leading up to the Race for Life.

[Please see the poster attached for details or call Shrewsbury Sports Village on 0345 0007002.](#)



Are you over 55 and want to get moving? Then, if so, come and take part in the "Keep on Moving Shropshire Festival" on 8-29 May 2022. [Find out more here.](#)



NHS England and NHS Improvement has launched a [survey](#) to find out people's views and experiences of veterans mental and physical health services. The information gathered will be used to help inform the development and provision of these services in the future. As part of this exercise, we would particularly like to hear people's views and experiences of [Op COURAGE: The Veterans Mental Health and Wellbeing Service](#), as well as the [Veterans Trauma Network \(VTN\)](#), which is for Service-related physical health conditions.

[Visit here to complete the survey](#), which closes on 22 May 2022. For further information, please email [england.armedforceshealth@nhs.net](mailto:england.armedforceshealth@nhs.net).



[Please take a look at the latest newsletter for April.](#)



[Please take a look at the latest newsletter for Spring 2022](#)

### Financial support for Shropshire residents

If you have any customers who are struggling to meet their basic living costs, Shropshire Council's Welfare Support Team may be able to help. We have funding that can support people with costs such as food, energy, essential travel and essential furniture items but this list is not exhaustive. If you are aware of someone who needs help, encourage them to contact us.



Telephone: 0345 678 9078

- Option 1 = for general enquiries
- Option 2 = to make an application (customers will need to listen to a lengthy privacy statement and declaration at the start of their call)

Email: [localsupport@shropshire.gov.uk](mailto:localsupport@shropshire.gov.uk)



[The Armed Forces Outreach](#) is designed to provide help and support to all military personnel, veterans and their families. [Please take a look here to find out more.](#)



It's free and easy to subscribe to our newsletter. All you need to do is visit the Shropshire Council homepage and click on the "subscribe" button at the top right corner of the page. [Find our more here.](#)

Please let us know if you would like us to promote an event or if there's something you would like added to a future newsletter, please email [SAFCC@shropshire.gov.uk](mailto:SAFCC@shropshire.gov.uk)